



## *Riverside Brookfield High School*

160 Ridgewood Road  
Riverside, IL 60546-2408

To Athletic Directors and Head Football Coaches:

I hope this letter finds you and your families in good health starting the New Year.

As you may know, I have now been the head football coach at Riverside Brookfield high school for over 25 years and have been primary a passing offense for over 15 years now, having averaged over 3,000 yards passing per year over that 15 year time frame.

I am excited to announce my involvement and full endorsement of a new quarterback receiver training camp with Throw It Deep Inc and Jeff Christensen. Over the past four years, even though we have thrown for over 16,000 yards and 211 touchdowns, my quarterbacks have experienced various throwing problems. All four times I called Jeff he came to my practice at Riverside Brookfield and every time my QB was fixed in less than two hours.

Without question Jeff is the best "Throwing coach" I have ever seen. He sees the flaw properly so it allows him to correct only the problem and not hinder other throwing mechanics. More importantly he makes it so verbally clear to the athlete that they can visualize what he is saying, which is critical. It is a chance to get all of your Quarterbacks NFL knowledge and experience, as you already probably know Jeff played QB 7 years in NFL and was the next QB selected after Dan Marino in the draft of 1983.

I urge all of you to contact myself, Jeff at [jeff@throwitdeep.com](mailto:jeff@throwitdeep.com) or our facility [WWW.MAX-MCCOOK.COM](http://WWW.MAX-MCCOOK.COM) directly. As leaders of young people and athletes it is our responsibility to give young people as many opportunities as possible to increase their chances of success. We are working with athletes from ages 12 and up, at various times and locations.

We also have a couple NFL veteran receivers we are speaking with and are going to come out and teach your receivers proper route running techniques and body positions. All Athletic Directors and Coaches are also allowed to attend.

Sincerely,

Otto Zeman  
Head Football Coach  
Athletic Director